

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated July 2012

18-24 Men

Freestyle

50	Dan Beeman	:26.07	2012
100	Dan Beeman	:57.87	2012
200			
400			
800	Ronald Violi	10:48.37	1992
1500	Ryan Krysl	19:43.98	2012

Backstroke

50	Sean Larson	:30.20	1993
100	Sean Larson	1:05.37	1993
200	Sean Larson	2:21.03	1993

Breaststroke

50	Shawn Snow	:33.84	1998
100	Dan Haske	1:23.62	1996
200	Dan Haske	3:03.45	1996

Butterfly

50	Colin Krysl	:26.37	2012
100	Colin Krysl	:58.53	2012
200	Colin Krysl	2:15.13	2012

Individual Medley

200	Sean Larson	2:31.97	1993
400	Dan Haske	5:47.69	1996