

Nebraska Masters Short Course Yards State Swimming Records
Updated Oct 2011

30-34 Men

Freestyle

50	Ryan Bell	:21.28	2000
100	Ryan Bell	:46.14	2000
200	Ryan Bell	1:45.26	2000
500	Rob Copeland	4:48.58	1987
1000	Rob Copeland	9:57.46	1987
1650	Rob Copeland	17:18.83	1987

Backstroke

50	Geoffery Basler	:27.24	2004
100	Ryan Bell	:54.79	2000
200	Jon Bidlman	1:56.66	1996

Breaststroke

50	Derron Fredrick	:27.89	2002
100	Derron Fredrick	1:00.27	2001
200			

Butterfly

50	Ryan Bell	:23.20	2000
100	Ryan Bell	:51.74	2000
200	Jon Bidlman	1:56.23	1996

Individual Medley

100	Derron Fredrick	:54.46	1999
200	Jon Bidlman	1:57.53	1996
400	Rob Copeland	4:25.99	1987