

**Nebraska Masters State Swimming Records**  
**Long Course Meters (LCM)**  
**Updated July 2012**

**35-39 Men**

**Freestyle**

<b>50</b>	<b>JB Barr</b>	<b>:25.53</b>	<b>2006</b>
<b>100</b>	<b>JB Barr</b>	<b>:55.71</b>	<b>2006</b>
<b>200</b>	<b>JB Barr</b>	<b>2:04.44</b>	<b>2006</b>
<b>400</b>	<b>John Apker</b>	<b>4:42.72</b>	<b>1999</b>
<b>800</b>	<b>John Apker</b>	<b>9:49.42</b>	<b>1999</b>
<b>1500</b>	<b>Jamie Bowcott</b>	<b>21:57.73</b>	<b>2012</b>

**Backstroke**

<b>50</b>	<b>Eric Rasser</b>	<b>:31.17</b>	<b>2012</b>
<b>100</b>	<b>JB Barr</b>	<b>1:03.73</b>	<b>2006</b>
<b>200</b>	<b>JB Barr</b>	<b>2:24.97</b>	<b>2006</b>

**Breaststroke**

<b>50</b>	<b>Rich Nolte</b>	<b>:31.98</b>	<b>2012</b>
<b>100</b>	<b>Pat Dibiase</b>	<b>1:15.43</b>	<b>1993</b>
<b>200</b>	<b>Pat Dibiase</b>	<b>2:44.75</b>	<b>1994</b>

**Butterfly**

<b>50</b>	<b>Rich Nolte</b>	<b>:28.73</b>	<b>2012</b>
<b>100</b>	<b>William Claerhout</b>	<b>1:09.02</b>	<b>1975</b>
<b>200</b>	<b>Dan Haske</b>	<b>3:09.99</b>	<b>2012</b>

**Individual Medley**

<b>200</b>	<b>Carl Bentz</b>	<b>3:04.60</b>	<b>1972</b>
<b>400</b>	<b>John Apker</b>	<b>5:22.67</b>	<b>1999</b>