

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated July 2012

45-49 Men

Freestyle

50	Dan Novinski	:25.39	2012
100	Mike Irvin	:56.58	2012
200	Robert Recker	2:30.28	2012
400	Robert Recker	5:25.77	2012
800	Kristian Ehrhorn	11:58.51	2012
1500	John Noble	22:02.77	2012

Backstroke

50	Mike Irvin	:30.65	2012
100	Mike Irvin	1:05.75	2012
200			

Breaststroke

50	Derron Fredrick	:33.29	2012
100	David Kohll	1:13.27	2012
200	David Kohll	2:37.57	2012

Butterfly

50	Keefe Ludwig	:28.28	1989
100	Joe Wiegand	1:21.84	2012
200			

Individual Medley

200	Mike Irvin	2:22.51	2012
400			