

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated July 2013

70-74 Men

Freestyle

50 Roger Holthaus :58.45 2013

100

200

400

800 Ken Deman 16:27.11 2012

1500

Backstroke

50 Roger Holthaus 1:12.89 2013

100 Roger Holthaus 2:57.10 2012

200

Breaststroke

50 Bucky Greenberg :40.77 1995

100 Bucky Greenberg 1:33.93 1994

200 Bucky Greenberg 3:33.54 1995

Butterfly

50 Gene Beck :49.06 1985

100 Gene Beck 2:17.75 1985

200

Individual Medley

200 Roger Holthaus 6:17.89 2012

400