

**Nebraska Masters State Swimming Records**  
**Short Course Yards (SCY)**  
**Updated Oct 2015**

**30-34 Women**

**Freestyle**

<b>50</b>	<b>Carol Olson</b>	<b>:25.43</b>	<b>1996</b>
<b>100</b>	<b>Carol Olson</b>	<b>:54.45</b>	<b>1993</b>
<b>200</b>	<b>Carol Olson</b>	<b>1:58.67</b>	<b>1993</b>
<b>500</b>	<b>Becky Mantonya</b>	<b>6:07.85</b>	<b>2007</b>
<b>1000</b>	<b>Sharessa Gutierrez</b>	<b>12:42.27</b>	<b>2014</b>
<b>1650</b>	<b>Sharessa Gutierrez</b>	<b>27:06.69</b>	<b>2015</b>

**Backstroke**

<b>50</b>	<b>Keelah Wagoner</b>	<b>:34.90</b>	<b>2015</b>
<b>100</b>	<b>Martha Ortman</b>	<b>1:03.16</b>	<b>2002</b>
<b>200</b>	<b>Martha Ortman</b>	<b>2:16.66</b>	<b>2002</b>

**Breaststroke**

<b>50</b>	<b>Julie Barr</b>	<b>:34.56</b>	<b>2004</b>
<b>100</b>	<b>Molly Connolly</b>	<b>1:16.70</b>	<b>2015</b>
<b>200</b>			

**Butterfly**

<b>50</b>	<b>Julie Barr</b>	<b>:28.03</b>	<b>2004</b>
<b>100</b>	<b>Martha Ortman</b>	<b>1:00.13</b>	<b>2002</b>
<b>200</b>	<b>Martha Ortman</b>	<b>2:18.30</b>	<b>2002</b>

**Individual Medley**

<b>100</b>	<b>Julie Barr</b>	<b>1:05.51</b>	<b>2004</b>
<b>200</b>	<b>Martha Ortman</b>	<b>2:14.87</b>	<b>2002</b>
<b>400</b>			