

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated July 2019

50-54 Men

Freestyle

50	Mike Irwin	:25.72	2018
100	Mike Irwin	:56.35	2018
200	Patrick Prince	2:24.50	2012
400	John Apker	5:11.65	2012
800	John Apker	10:48.92	2012
1500			

Backstroke

50	Mike Irwin	:30.48	2018
100	Mike Irwin	1:04.30	2018
200			

Breaststroke

50	Bruce Drake	:36.32	2012
100	Mike Irwin	1:16.71	2018
200			

Butterfly

50	Mike Irwin	:27.83	2019
100	Mike Irwin	1:02.74	2018
200			

Individual Medley

200	Mike Irwin	2:19.02	2018
400	John Apker	6:08.83	2012